

LUNCHES	HOT FOOD	DRINKS	SPECIALS
SANDWICHES	Pie \$4.50	HOT DRINKS	MONDAY
Chicken & Salad \$6.00	Pasty \$4.50	Sml Med	Toasted Wraps \$8.00
Ham & Salad \$6.00	Spinach & Pumpkin Pasty \$4.50	Coffee \$4 \$5	Sweet Chilli Chicken
Salad \$5.00	Sausage Roll \$4.00	Chai \$4 \$5	<i>Chicken, spinach, avocado, capsicum, tomato, red onion, cheese & sweet chilli sauce</i>
Egg & Lettuce \$4.50	Toasted Sandwiches	Hot Chocolate \$4 \$5	Bacon wrap
Ham & Cheese \$4.50	Ham, Cheese \$5.00	Tea \$4	<i>Bacon, spinach, avocado, tomato, red onion & cheese</i>
Chicken, Cheese & Mayo \$4.50	Ham, Cheese & Tomato \$5.00		TUESDAY
	Chicken, Cheese & Avocado \$5.00		Fried Rice \$8.00
ROLLS OR WRAPS + \$1.00	Hot Dogs with Sauce \$5.00	COLD DRINKS	WEDNESDAY
	Quiche \$5.00	Flavoured Milk \$3	Taco's \$8.00
<i>All Sandwiches and Rolls are made with Wholemeal Bread.</i>	Croissant \$5.00	Assorted Juices \$3	<i>Seasoned beef, lettuce, tomato, cheese and mild salsa</i>
SALADS	Toasties (2 pieces) \$2.00	Fruit Box \$3	THURSDAY
Chicken Salad Sml Lrg	Chicken strips \$3.50	MEAL DEAL \$5.50	Sushi
With Maple Dressing \$7.50 \$9.00		Choose one from each:	Chicken, Tuna, Vegetable or Smoked Salmon
Quiche & Salad \$7.50	SNACKS	SAVOURY	Cold Rolls
Salad of the day \$9.00	Granola, Fresh Fruit & Yoghurt \$6.00	Small Sausage Roll	Chicken or Roasted Pumpkin
Baguettes \$9.00	Bliss Ball \$3.00	Toastie	1 Roll \$4.00
<i>Chicken, ham or bacon</i>	Housemade Mini Muffin \$2.00	Chicken strips	2 Rolls \$8.00
	Banana Bread \$3.00	SNACK	FRIDAY
	Cheese & Biscuit \$3.50	Mini Muffin	Toasted Turkish Roll \$8.00
	Popcorn \$2.00	Red Rock Chips	Chicken, cheese, spring onion, mayo & greens
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	Grain Waves \$2.00	DRINK	Bacon, tomato, red onion, capsicum, cheese & greens
	Frozen Fruit Cup \$1.00	Juice	
	Icy Pole \$2.00	Flavoured Milk	
	Moozie \$1.50		
	Billabong \$2.00		

